



4-H YOUTH DEVELOPMENT

SPRING 2024

CLINTON COUNTY NEWS



*Head *Heart *Hands *Health
Welcome to 4-H!!
Ages 9-18



Join Us!



Volunteers wanted
and welcomed!

- 4-H Camp
- Shooting Sports
 - Trap
 - Rifle
 - Pistol
- Archery
- Art Club
- Fair Projects
- Adventure Club
- School Clubs

4-H MISSION

Kentucky 4-H provides education and life skill development opportunities for youth to grow into confident, capable, and contributing members of their communities.

UK Martin-Gatton
College of Agriculture,
Food and Environment

Cooperative Extension
Service

Clinton County
2601 N. Hwy 127
Albany, KY 42602
(606)387-5404
Fax: (606)387-4380
www.ca.uky.edu/ces

Ashley Duvall,
4-H Agent
ashley.duvall@uky.edu

Linda Bell,
4-H Program Assistant
lbelle@uky.edu

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Disabilities
accommodated
with prior notification.



CLINTON COUNTY NEWS

4-H ART CLUB

NEW! 4-H ART Club
FEBRUARY
 February 7th: 9-12 year olds
 February 14th: 13-18 year olds
 3:00-4:30 pm
 *Community Projects
 *Qualifies for State Fair Entry
\$10 FEE
 Only 15 Participants per Class
 Classes held at the Clinton Co. Extension Office. Must provide your own transportation.



4-H ART CLUB CLAY SCULPTING
MARCH AGES 9-18
 *Community Projects
 *Qualifies for Fair Entry
 Pick your date:
MARCH 6TH
 -OR-
MARCH 13TH
 3:00-4:30
\$10 FEE for supplies
 Only 15 Participants per Class
 Classes held at the Clinton Co. Extension Office. Must provide your own transportation.



- Meets Monthly
- Fair/Community Projects
- Limited Spots Available
- Call or email to reserve your spot



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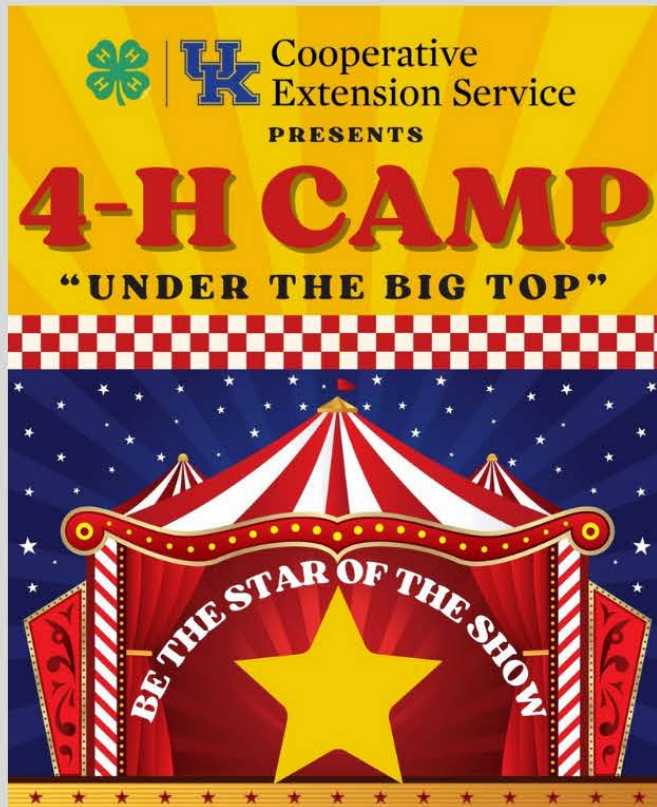
4-H CAMP



CAMPER APPLICATIONS

will begin on **Monday, March 11, 2024 @7:30 AM** at the Clinton County Extension Office.

\$135 Deposit
\$135 due by the end of June (\$270 total).
Limited Space!
First Come First Serve!
Fundraising opportunity will be available!



CAMP DATE: JULY 15-19, 2024

Teen and CIT Applications Due March 1st!

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4-H Clover Fundraiser

Pick a clover and donate that amount.
All proceeds go toward 4-H Summer Camp Fees for:

Camper : _____

Total: \$270

This fundraiser can be used to raise funds for your camper.

Make checks payable to:
Clinton County 4-H Council
Money is due: June 28, 2024



4-H YOUTH DEVELOPMENT

SPRING
2024

CLINTON COUNTY NEWS

4-H Shooting Sports

NEW SEASON!

Orientation meeting will be on

March 18, 2024

at the Clinton County Extension Office from 5:30-7:30 pm.



Ages 9-18

\$20

Club Fee



*Archery

*Rifles

*Pistols

*Trap



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Lexington, KY 40506



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4-H YOUTH DEVELOPMENT

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CLINTON COUNTY NEWS

4-H COUNTY FAIR

COMING SOON

NEW

2024 Pet Show

- Best Dressed
- Most Unusual
- Ugliest
- Prettiest Pet
- Best Themed Costume
- Best Trick



August 15 - 25, 2024
Kentucky STATE FAIR



The 2024 Kentucky State Fair Catalog for youth entries is now available at the extension office.

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CLINTON COUNTY NEWS

4-H SCHOOL SPEECHES

4th Grade Champions:

- Audrie Groce
- Kate Moons
- Jarvis Fillingham
- Ella Daffron
- Jeremy Thrasher
- Adrian Osorio
- Josie Nelson
- Ava Craig
- Easton Shelley
- Tamberlyn Tuggle
- Emery Browning
- Brayden Evans
- Piper Perrin
- Loreine Mielu
- Kenzlee Guffey
- Abigail Reneau
- Caroline Upchurch
- Riley Hunter
- Kendra Burgin
- Gunner Griffin
- Zayden Bell
- Liam Koch
- Madison Gibson
- Angela Mendez Escalante
- Aleyna Ramirez-Mazariegos
- Briar Haynie
- Delanie Hill
- Storm Keltner
- Cason Murphy



5th Grade Champions:

- Addison Gray
- Reagan Guffey
- Taylor Moles
- James Moons
- Rowan Musk
- Kamryn Rains
- Andy Reed
- Piper Shearer
- Jonah Harper
- Audrey Marlow
- Kiley Myers
- Tenley Spears
- Sadie Craig
- Bentley Creekmore
- Peyton Gibson
- Yazmine Rivera-Mena
- Kyle Stailey
- Kayden Thrasher

6th Grade Champions:

- Sophia Matthews
- Justice Wray
- Gracie Griffin
- Sophie Muse
- Sarv Patel
- Emma Shelton
- Sydney Simmons
- Serenity Smith
- Shayne Swaim
- Eva Brewington
- Anna Heist
- Amiya Duvall
- Mya Mendez
- Esther Mielu
- Isabella Oesterreicher
- Sarah Proffitt
- Owen Staton
- Macara Turner
- Emily Perkins



Congrats!

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4-H SCHOOL SPEECHES

GRAND CHAMPIONS

7th Grade Champions:

- Addyson Brumley
- Eva Foster
- Hunter Hogan
- Zoey McGuire
- Delaney Shafer
- Savanna Smith
- Konlee Gibson
- Emily Hurst
- Kassie Barnes
- Haven Stearns
- Katelyn Honeycutt
- Oscar Ramos
- Phoenix Shelton
- Abbie Tallent
- Damian Thompson
- Savanna Smith
- Alison Claborn

8th Grade Champions:

- Mason Musk
- Breeli Fitzgerald
- Daya Bulubenchi
- John D Cooksey
- Harvey Foster
- Allie Hanna
- Chase Harmon
- Franny Mayorga
- Tessa Moles
- Kaylee Perez
- Makinna Stockton
- Drake Thrasher
- Addison Whittenburg
- Colton Wilson
- Isabella Young
- Cade Ipock
- Christian Ramirez
- Autumn Carr
- Zander Stonecipher
- Jaxen Catron
- Jackson Cowan
- Adalyn Duvall
- Jeremiah Jonas
- Aleigha Matthews
- Ava McGill
- Lexi Messer
- Bentley Shaffer
- Makenna Upchurch



Letters will be sent home by mail to inform the participants of the next round of the County Speech Competition held at the Clinton Co. Extension Office.

Congrats!

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4-H COUNTY SPEECHES

Thursday, March 21st
@ Clinton Co. Extension Office

Registration @ 4:30 pm
Speeches begin @ 5:00 pm



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Ashley Duvall,
4-H Agent
ashley.duvall@uky.edu

Linda Bell,
4-H Program Assistant
lcbell@uky.edu

Letters will be sent out to all winners with instructions to preregister before the county competition. Participants must preregister in order to participate in the county speech competition.

*** Must have received a purple champion ribbon in the classroom speeches in order to participate.***



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4-H SCHOOL CLUBS

SCHOOL CLUBS WILL BE FINISHING UP ON THEIR CULTURAL AND GLOBAL STUDIES IN THE CLASSROOMS. WE HAVE HAD A BLAST!!



4TH GRADE MEXICO

- Balero game and counting in Spanish
- 4-H Camp Promo



5TH GRADE NATIVE AMERICA

- Rain Sticks
- Leather Making



6TH GRADE CHINA

- Chinese Rice/Chopsticks
- Origami



7TH GRADE AFRICA

- Madagascar Roaches
- Egyptian Hieroglyphics



8TH GRADE COLONIAL AMERICA

- Quilt making and hidden messages
- Colonial art and games



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4-H FAVORITE AFTER SCHOOL SNACK

INGREDIENTS:

¼ CUP PEANUT BUTTER

¼ CUP NON-FAT GREEK
YOGURT

2 TABLESPOONS MILK

1 TABLESPOON HONEY

2 RED APPLES, CORED AND
CUT INTO ¼ INCH SLICES

2 GREEN APPLES, CORED
AND CUT INTO ¼ INCH SLICES



DIRECTIONS:

IN A BLENDER, COMBINE PEANUT BUTTER, YOGURT, MILK AND HONEY. BLEND UNTIL SMOOTH.

PLACE APPLE SLICES ON A LARGE PLATE OR PLATTER AND DRIZZLE WITH PEANUT BUTTER SAUCE.

ADD TOPPINGS OF CHOICE IF DESIRED AND SERVE IMMEDIATELY.

SOURCE: RENEE FOX, NUTRITION, MARKETING AND MEDIA SPECIALIST FOR KENTUCKY NUTRITION EDUCATION PROGRAM, UNIVERSITY OF KENTUCKY COOPERATIVE EXTENSION SERVICE

NUTRITION FACTS PER SERVING:

160 CALORIES: 6G TOTAL FAT: 1G SATURATED FAT: 0G TRANS FAT: 0MG CHOLESTEROL: 5MG SODIUM: 27G CARBOHYDRATE: 4G FIBER: 20G SUGAR: 4G PROTEIN: 2% DAILY VALUE OF VITAMIN A: 8% DAILY VALUE OF VITAMIN C: 4% DAILY VALUE OF CALCIUM: 2% DAILY VALUE OF IRON. *NUTRITION FACTS DO NOT INCLUDE OPTIONAL TOPPINGS

